INTRODUCTION

The cosmopolitan eelgrass *Zostera marina* Linnaeus suffered greatly from 'wasting' disease in the 1930s (Giesen et al. 1990a, de Jonge et al. 2000), when 1000s of hectares were destroyed. Natural recovery of eelgrass was poor in the western Wadden Sea, probably due to intensive engineering activities, turbidity in the water column, fishing activities (Giesen et al. 1990b, de Jonge et al. 2000) and increased nutrient loads in the 1970s and 1980s (van Katwijk et al. 1997, 1999, 2000). By that time, the abundance of eelgrass in the Wadden Sea had been reduced to less than 1% of the level in the 1930s (de Jonge et al. 2000). In the 1990s, water quality improved and the clarity of the water column increased again (van Katwijk et al. 2000), but eelgrass did not recover in the western Wadden Sea. The remnant annual populations of intertidal eelgrass in the eastern part of the Wadden Sea may not have been able to supply seeds to western locations, due to predominantly westerly winds and currents.

Eelgrass is highly appreciated for its ecological role in tidal flats. At high tide, eelgrass forms a complex structure that creates shelter for juvenile fishes and invertebrates (Jenkins et al. 1997, Heck et al. 2003, Polte et al. 2005). Intertidal eelgrass is emergent at low...
tide and provides rich meadows that are especially valuable for foraging birds (Nienhuis & van Ierland 1978). In addition to these ecological functions, eelgrass is known to increase sedimentation (e.g. Gambi et al. 1990), stabilise tidal mud flats and may contribute to coastal protection (e.g. Hughes & Paramor 2004). The combination of ecological and eco-engineering functions makes eelgrass a key species for habitat restoration.

Restoration programmes have studied eelgrass density in relationship to survival and growth. At high seeding density (300 to 1600 germinated seeds m\(^{-2}\), Granger et al. 2000), or high planting density (60 to 125 seedlings m\(^{-2}\), van Katwijk et al. 1998), lateral shoot expansion is reduced with increasing density. At lower planting density (10 to 25 plants m\(^{-2}\), Worm & Reusch 2000) positive interactions among eelgrass shoots appear to be more important than competitive processes during the first period after transplantation. Olesen & Sand-Jensen (1994) found that eelgrass mortality declined with increasing numbers of eelgrass shoots, probably due to mutual physical protection. This was confirmed by studies of T. Bouma (unpubl. data), who showed experimentally that one eelgrass plant facilitates another by reducing drag force. From this we hypothesised that a relatively high planting density is favourable to transplantations at relatively exposed sites, whereas planting density will not influence transplantation success at sheltered locations.

In intertidal locations, total exposure to waves and currents increases with duration of immersion. In the Wadden Sea, eelgrass is generally not found below –0.20 m mean sea level (MSL), although light is not limiting down to –0.80 m MSL (van Katwijk et al. 1998, van Katwijk & Hermus 2000). However, eelgrass grows at deeper locations when in the proximity of mussel beds (van Katwijk & Hermus 2000, van Katwijk et al. 2000). Laboratory experiments, as well as field observations, indicate that seagrass beds may be facilitated by mussel beds, which reduce hydrodynamic stress forces (Reusch & Chapman 1995, van Katwijk et al. 2000, T. Bouma unpubl.).

The present study aimed to test experimentally the relationship between survival and density of eelgrass transplants at locations of differing exposure to waves and currents, and to describe the effect of mussel bed presence on transplant survival.

**MATERIALS AND METHODS**

**Location selection.** Location selection is considered the most important phase among restoration practices (Fonseca et al. 2002, van Katwijk & Wijgergangs 2004). Therefore, we gave considerable attention to this activity. Three locations (B1, B2 and B3) with varied exposure times to currents and waves were selected in the intertidal Balgzand area of the western Wadden Sea (Fig. 1). This area formerly supported eelgrass, is

![Fig. 1. The Balgzand area (Landsat satellite photograph) with 3 planting locations (B1 to B3) and a control site (Control). In the upper right corner, the white square shows the position of the Balgzand area in relation to the Netherlands as a whole. The × in the eastern part of the Wadden Sea, represents the donor population in the Ems estuary.](image-url)
protected from the prevailing westerly winds, has no fishing activities (van Katwijk et al. 2000), and was therefore expected to have high potential for eelgrass restoration. All locations had a mean tidal range from –81 to +58 cm MSL.

Location B1 was situated in close proximity to the seawall (Fig. 1). Its suitability for eelgrass restoration was proven by the presence of a number of eelgrass plants that had survived since a seeding experiment carried out in 1999. Location B1 had a mean depth of about +4 cm MSL (Table 1). Location B2 was situated about 610 m from the seawall and had a mean depth of +4 cm MSL (Table 1). Preliminary experiments in 1993 and 1994 showed that eelgrass could survive at this location. Location B3 (Fig. 1) was located at a mean depth of –40 cm MSL to ensure a longer immersion time, and thus longer hydrodynamic exposure for the transplants (maximum wave energy is equal within the depth range of the 3 locations; van Katwijk & Hermus 2000). All of the sites were shallower than the compensation depth for eelgrass in this area of the Wadden Sea (–80 cm MSL; van Katwijk et al. 1998, van Katwijk & Hermus 2000). To study the effect of the presence of a mussel bed on transplant survival, eelgrass shoots were transplanted within the open spaces of a blue mussel bed (*Mytilus edulis* L., approx. 2500 m²) at Location B3 and at a control location 60 m seaward of the mussel bed. Thirty-seven seedlings were transplanted into a hexagonal bed (Fig. 2) making up a planting unit. The mutual distance between plants was chosen to resemble that of natural populations in the Dutch Wadden Sea: 30 cm distant for high density treatments (HD = 14 plants m⁻²), and 50 cm distant for low density treatments (LD = 5 plants m⁻²) (Fig. 2). HD and LD planting units were always located in pairs, but in different numbers per location (Table 1). The baseline of all pairs was positioned at a compass bearing of 50° to ensure that HD and LD planting units were similarly exposed to the prevailing tidal currents. At Location B3, planting units were positioned in depressions of the mussel bed.

**Monitoring.** Planting units were monitored regularly from transplantation until the end of October 2003. A weekly code was introduced, because locations were

<table>
<thead>
<tr>
<th>Location</th>
<th>Number of planting units</th>
<th>Distance to shore (m)</th>
<th>MSL (cm)</th>
<th>Duration of hydrodynamic exposure (h)</th>
<th>Grain size (µm)</th>
<th>Class of exposure</th>
</tr>
</thead>
<tbody>
<tr>
<td>B1</td>
<td>3 HD + 3 LD</td>
<td>75</td>
<td>+4</td>
<td>5.3</td>
<td>63.9 (6.7)</td>
<td>Low</td>
</tr>
<tr>
<td>B2</td>
<td>6 HD + 6 LD</td>
<td>610</td>
<td>+4</td>
<td>5.3</td>
<td>134.9 (5.9)</td>
<td>Intermediate</td>
</tr>
<tr>
<td>B3</td>
<td>6 HD + 6 LD</td>
<td>1840</td>
<td>–40</td>
<td>7.8</td>
<td>112.3 (11.3)</td>
<td>High</td>
</tr>
<tr>
<td>Control</td>
<td>3 HD</td>
<td>1880</td>
<td>–40</td>
<td>7.8</td>
<td>128.9 (4.7)</td>
<td>High</td>
</tr>
</tbody>
</table>

Table 1. Experimental treatment combinations: locations (see Fig. 1), number of planting units, distance to shore, duration of hydrodynamic exposure per tidal cycle (duration of immersion), median sediment grain size (+SD) and class of exposure. HD = high density (14 plants m⁻²); LD = low density (5 plants m⁻²); MSL: mean sea level.

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**Collection, transport and planting of seedlings.** Eelgrass seedlings were dug out by hand from the tidal flat ‘Hond/Paap’ in the Ems estuary, eastern Dutch Wadden Sea (Fig. 1), on 10 and 11 June 2003. Attached sediment was removed by gently washing the roots. The seedlings were collected separately, each from an area of approximately 9 m², which ensured genetic diversity in the eelgrass plants (Olsen et al. 2004). The seedlings were put in large plastic bags along with the water attached to them, thus avoiding drying out. Subsequently, they were stored and transported in a cool box at an average temperature of 11°C. Seedlings consisted of a single vegetative shoot with leaf lengths between 8 and 21 cm. Individuals were selected randomly for planting locations.

Translocation to Locations B1 and B2 was carried out on 11 June 2003, and on 12 June 2003 at Location B3 and its control location 60 m seaward of the mussel bed. Thirty-seven seedlings were transplanted into a hexagonal bed (Fig. 2) making up a planting unit. The mutual distance between plants was chosen to resemble that of natural populations in the Dutch Wadden Sea: 30 cm distant for high density treatments (HD = 14 plants m⁻²), and 50 cm distant for low density treatments (LD = 5 plants m⁻²) (Fig. 2). HD and LD planting units were always located in pairs, but in different numbers per location (Table 1). The baseline of all pairs was positioned at a compass bearing of 50° to ensure that HD and LD planting units were similarly exposed to the prevailing tidal currents. At Location B3, planting units were positioned in depressions of the mussel bed.

**Fig. 2.** Planting units with eelgrass seedlings at low density (LD) and high density (HD). Planting unit diameter and mutual distance are indicated. The planting unit-pair axis was positioned at a compass bearing of 50° to guarantee similar exposure to the prevailing tidal currents. Black dot in the center represents a small bamboo stick that helped locate the site during monitoring.
monitored, in part, on subsequent days. The transplan-
tation was set at Week 0. Plants were counted on all
monitoring dates to quantify survival. The develop-
mental stage of each surviving plant was also recorded
in Weeks 5 and 11, using the following categories:
(1) no reproductive shoots, (2) reproductive shoots
without flowers, (3) reproductive shoots with flowers,
(4) reproductive shoots with seeds. Although a plant
could have reproductive shoots from more than one of
these categories, it was categorised by its latest devel-
opmental category. Percentage plant cover was visu-
ally estimated in Weeks 0 and 11.

The lengths of both the vegetative and reproductive
shoots, and the leaf widths were measured on 4 shoots
per plant for at least 4 plants per planting unit on
9 September 2003 (Week 13). These measurements
could not be carried out at Location B3 because an in-
sufficient number of plants was available at that time.

**Exposure.** The locations (differently exposed to
wave dynamics) were classified on the basis of sedi-
ment grain size (Granata et al. 2001), distance to the
shore, and the duration of hydrodynamic exposure
(= duration of immersion; van Katwijk & Hermus 2000).
To measure grain size, three 10 cm long sediment
cores with a diameter of 2.8 cm were collected close to
each planting unit and combined before storage at
−18°C. The samples were freeze-dried and sieved
(1 mm), to remove small pieces of shell, and were
analysed with a Malvern Laser Particle Sizer. Median
grain size of the sediment at Locations B2, B3 and Con-
trol was about double that at Location B1 (Table 1).
Location B1 was relatively close to shore, whereas
Locations B3 and Control were furthest away from
shore (Table 1). Moreover, Locations B1 and B2 were
exposed to hydrodynamic forces for 2.5 h less per tidal
cycle than Locations B3 and Control (Table 1). Com-
bining these results indicates that hydrodynamic expo-
sure was low at Location B1, intermediate at Location
B2 and high at Locations B3 and Control.

**Statistical analyses.** The relatively low number (3 or
6) of replicates (each planting unit was considered as
an experimental unit) prevented proof of homogeneity
of variances in the data in most cases. Therefore, statis-
tical tests were carried out with the non-parametric
Mann Whitney U-test for each monitoring occasion.
Survival curves were calculated for each location and
density using Kaplan-Meier survival analysis, ac-
counting for the survival of every individual plant.
Subsequently, the log rank test was used to test the
null hypothesis that there was no difference in the
probability of plant loss between planting densities
and/or locations during the observation period. Sta-
tistical tests were calculated using SPSS software
-Version 11.5). Data were graphically presented with
box-whisker plots using Sigma Plot (Version 9).

**RESULTS**

**Transplant survival and plant cover**

In total, 1221 eelgrass seedlings were transplanted,
and their survival varied greatly between the locations
(Fig. 3). At Location B1 survival was relatively high
and stable, with a median of 76% from Week 3 until
Week 7. Transplant survival curves were not signifi-
cantly different (log rank test; p > 0.05) between the
HD and LD planting units at this location.

Survival of the transplants at Location B2 was rela-
tively high, with a median of at least 54% until Week
11 (Fig. 3). The survival curves of HD and LD planting
units were significantly different (log rank test; p <
0.05), with higher survival in HD planting units. Most

![Fig. 3. Zostera marina. Survival of transplants (median, upper
and lower quartiles) at Locations B1, B2 and B3. Loss of trans-
plants at Location B1 in Week 16 was probably caused by
accumulated macroalgae](image-url)
of the plants survived until the beginning of fall, in contrast to observations at Locations B1 and B3.

Survival of the transplants at Location B3 was relatively low (Fig. 3). Less than 50% survived the first week. During the following weeks, lower numbers of plants disappeared, while the survivors started to develop. Significantly higher survival (log rank test; p < 0.01) was found in HD planting units than in LD planting units.

Survival at both densities of transplants was significantly higher at Locations B1 and B2 than at Location B3 (log rank test; p < 0.01). In the LD planting units, survival during the growing season at Location B1 was significantly higher than at Location B2 (log rank test; p < 0.01). This was not the case for the HD planting units at the 2 locations (log rank test; p > 0.05).

The difference between survival of transplants within a mussel bed and survival of transplants at the control location 60 m seaward increased during the observation period (Fig. 4). The survival curve of the transplants within the mussel bed was significantly higher (log rank test; p < 0.05) than that of the transplants at the control location. All plants had disappeared by Week 11.

Plant cover was less than 5% at all locations after transplantation in Week 0. However, cover increased towards the end of the growing season, and ranged between 14 and 52% in Week 11 (Table 2). Plant cover was not significantly different between HD and LD planting units (Mann Whitney U-test; p >0.05) at all locations in Week 11, when corrected for the initial density differences and expressed as absolute covered area. Mean plant cover was calculated at 487 cm² in Week 11, which resulted in a mean plant diameter of 25 cm, considering a plant as a circular unit.

Reproductive shoots

Reproductive shoots had developed in about 80% of all transplants at Locations B1 and B2 by Week 5 (Fig. 5). This percentage was much lower at Location B3 (ca. 20%). There were no significant differences between HD and LD planting units (Mann Whitney U-test; p >0.05). In Week 5, most of the reproductive shoots were at the non-flowering stage at all locations (Fig. 5). Reproductive shoots did not bear seeds.

In Week 11, almost all plants had developed reproductive shoots at Locations B1 and B2 (Fig. 5). Again no significant differences were observed between HD and LD planting units (Mann Whitney U-test; p >0.05). The majority of the reproductive shoots at all locations bore flowers (Fig. 5). The percentage of non-flowering reproductive shoots was 8 and 22% at Locations B1 and B2, respectively. Reproductive shoots did not bear seeds. No plants were present at Location B3 in Week 11 (Fig. 5).

Shoot length and leaf width

The length of reproductive shoots was about 50 cm at Locations B1 and B2 in Week 13 (Table 2). There were no significant pairwise differences between HD and LD at each location (Mann Whitney U-test; p >0.05). However, when data were pooled across locations, there were significantly longer reproductive shoots in LD planting units (Mann Whitney U-test; p < 0.05).

The length of vegetative shoots was about 15 cm at Location B1 and 30 cm at Location B2 in Week 13.
Table 2). The length of vegetative shoots was not significantly different between HD and LD planting units (Mann Whitney U-test; p > 0.05). However, the vegetative shoots were significantly longer at Location B2 than at Location B1 for both HD and LD planting units (Mann Whitney U-test; p < 0.05).

Leaf width ranged from roughly 2 to 4 mm in Week 13 at all locations (Table 2). There were no significant differences between HD and LD planting units (Mann Whitney U-test; p > 0.05). However, all leaves were significantly wider at Location B2 than at Location B1 (Mann Whitney U-test; p < 0.01).

DISCUSSION

Transplant survival and development

Seagrass transplantations have been carried out world-wide and studied for decades (e.g. Worm & Reusch 2000, Short et al. 2002). It is a common phenomenon in transplantation experiments that the total number of transplants decreases logarithmically towards a stable number during the first weeks after planting (Fonseca et al. 1998). This was observed in previous transplantation experiments in the Wadden Sea (van Katwijk & Hermus 2000, van Katwijk & Wijgergangs 2004) and in the present study (Fig. 3). Survival of transplants was calculated to fluctuate around a median of 35% in 53 North American seagrass transplantation studies (Fonseca et al. 1998). After 3 wk, during the present study, 76, 68 and 28% of the transplants survived at the locations with low, intermediate and high exposure to currents and waves, respectively. This confirms that hydrodynamic exposure is unfavourable for transplant survival, which is also the case for natural eelgrass beds (e.g. Fonseca & Bell 1998, van Katwijk & Hermus 2000). Similarly, Schanz & Asmus (2003) concluded from transplantation experiments in natural Zostera noltii beds in the Wadden Sea that strong hydrodynamics directly affect the development and architecture of these beds by decreasing seagrass density and changing shoot morphology.

After successful acclimation, seedlings start a growth period in which biomass increases markedly. This growth period can be recognised by a stabilisation of the total number of surviving transplants. This occurred at the low and intermediate exposure locations, where survival was relatively constant during a period of 7 wk or even longer (Fig. 3). Despite growth and attainment of the flowering stage, plants disappeared at the high exposure location, due to unfavourable environmental conditions. Nevertheless, plant cover reached a mean maximum of 52% (Table 2) and flowering shoots were found in over 80% of the transplants by Week 11, confirming overall transplant development during the growing season.

Shoot morphology of Zostera noltii in the eastern Wadden Sea changed when plants were relocated from an exposed to a sheltered site in a natural seagrass bed (Schanz & Asmus 2003). In the present study, transplanted eelgrass shoots and leaves were significantly longer and wider at the intermediate exposure location than at the low exposure location. Schanz et al. (2002) found higher grazer densities at sheltered sites than at exposed sites, and herbivory may have reduced epiphyte cover, thus increasing growth of Z. noltii leaves. However, higher or similar densities of grazers occur at Location B1 than at Location B2 (Bos & van Katwijk 2005). The reduced shoot and leaf sizes at the low exposure location may have been caused by accumulating mats of floating macroalgae that regularly covered the planting units (Bos & van Katwijk 2005).

Planting density

The planting densities (5 and 14 seedlings m⁻²) used in the present study seem low compared to natural eelgrass populations around the world. However, they
were chosen to resemble natural eelgrass densities in the Wadden Sea, as observed during recent decades. In the Ems estuary, a mean density of 2 to 4 seedlings m$^{-2}$ occurs (Erftemeijer 2004). There are slightly higher densities of 2 to 10 and 20 to 30 seedlings m$^{-2}$ on Tereschelling Island and Sylt Island, respectively (M. M. van Katwijk, R. de Vries & P. Kennis unpubl.). Also, eelgrass populations in southern Dutch waters have mean densities ranging from 4 to 25 seedlings m$^{-2}$ (Harrison 1993). These relatively low seedling densities may be related to the annual reproductive strategy of the eelgrass populations in the Wadden Sea.

Eelgrass development is limited by competitive effects at densities of >60 plants m$^{-2}$ (van Katwijk et al. 1998, Granger et al. 2000). In the range of 10 to 25 plants m$^{-2}$, increased density enhances plant survival and development in the Baltic Sea (Worm & Reusch 2000). Our study testing densities of 5 and 14 plants m$^{-2}$ corroborates this. At intermediate or relatively high exposure to wave dynamics, plant survival was higher at HD than at LD. The effect was strongest at the site with the highest exposure during summer, where the survival at a density of 14 plants m$^{-2}$ was about double that at a density of 5 plants m$^{-2}$. No density effects occurred at the low exposure location, which confirms the hypothesis that planting density does not affect transplantation success at sheltered locations. This also provides experimental field evidence for the laboratory observations of T. Bouma (unpubl. data) that one eelgrass plant facilitates another by reducing drag force when exposed to currents. Olesen & Sand-Jensen (1994) also suggest that the correlation between declining eelgrass mortality and increasing numbers of eelgrass shoots is probably due to mutual physical protection. Competitive effects between adjacent plants may not have been important during the present study, as the estimated diameter of a plant (25 cm) at the end of the growing season was lower than the initial distance between seedlings in the high density planting units (30 cm).

**Blue mussel interaction**

Co-occurrence of mussels and eelgrass has been described as both mutualism (e.g. Peterson & Heck 2001a,b) and competition (e.g. Reusch & Williams 1998, Allen & Williams 2003). Blue mussels alter their environment in several ways and may affect eelgrass growth or survival by doing so. Reusch et al. (1994) found that sediment porewater concentrations of ammonium and phosphate in the western Baltic doubled in the presence of blue mussels *Mytilus edulis*, and suggested that the mussels fertilise eelgrass growth by the deposition of faeces and pseudo-faeces. However, in the Wadden Sea, ammonium and phosphate concentrations are relatively high (van Katwijk et al. 2000) and, therefore, an additional fertilizing effect by mussels does not explain the enhanced survival of transplants. Mussel beds also reduce turbidity of the water column (Beukema & Cadée 1996, Newell & Koch 2004), but the mussel bed in the present study was probably too small to have generated such an effect.

A combination of the processes described above results in increased sedimentation, stabilisation of sediments and a reduced mean grain size of the sediment within mussel beds (Flemming & Delafontaine 1994, Meadows et al. 1998, Widdows & Brinsley 2002). Losses of eelgrass seeds may be lower at locations where this combination of processes operates, leading to increased germination rates, but development and/or survival of eelgrass transplants are unlikely to be affected similarly.

Although the factors described above may play a role in the distribution of eelgrass, they do not explain why eelgrass transplants survive better in a mussel bed than outside. Mussel beds generally protrude several tens of cm above the sediment surface and reduce wave and current activity (e.g. Flemming & Delafontaine 1994, Widdows & Brinsley 2002). The occurrence of intertidal eelgrass at hydrodynamically more exposed locations when positioned behind a mussel bed suggested a facilitative effect of mussels on seagrasses in the Wadden Sea. Because a similar effect occurs when seagrasses are sheltered by a dam, facilitation by mussels was expected to be related primarily to the reduction of hydrodynamic forces from waves and/or from tidal currents (van Katwijk & Hermus 2000). Sheltered habitats within mussel beds (Nehls & Thiel 1993, Reise 1998, van de Koppel et al. 2005) may permit eelgrass survival at greater depth than hydrodynamic forces would generally allow (van Katwijk & Hermus 2000, van Katwijk et al. 2000). T. Bouma (unpubl. data) found experimentally that blue mussels facilitate eelgrass by reducing drag force on shoots exposed to currents. We tested this relationship at a relatively exposed location where transplanted eelgrass shoots had a significantly higher survival in a mussel bed than outside (Fig. 4). However, all plants disappeared during the growing season and it seemed that there is a threshold for wave and current activity. This would indicate that protection by the mussel bed was present, but insufficient to support long-term survival. In the same manner, mussel beds in the Baltic Sea protect eelgrass during moderate storms, but not in intense storms (Reusch & Chapman 1995).

In the Wadden Sea, seagrass and mussel beds are frequently located close to one another, and seagrass habitat suitability maps have shown overlap (e.g.
Nehls & Thiel 1993, Bos et al. 2005). Both eelgrass and mussels occur in relatively sheltered areas (e.g. behind barrier islands), however, mussel beds usually grow deeper than seagrasses (the upper limit of mussel beds is 0 cm MSL). Therefore, facilitation could have high ecological value and its role may have been underestimated.

In summary, survival of eelgrass transplants is highly dependent on the interaction of planting density and relative exposure to water dynamics. At low exposure, planting density had no effect, while at more exposed locations planting density had an increasingly positive effect. Moreover, facilitation by mussel beds enhances survival of eelgrass seedlings in highly exposed habitats. Our results provide experimental field evidence for facilitation among eelgrass plants (planting density effects) and by mussel beds. This knowledge will be extremely useful for the experimental design of future transplantation programmes.

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