Table of Contents

MEDA, EUROMED HERITAGE
Foreword
PREFACE by Amin Maalouf

Chapter 1 : THE MEDITERRANEAN AREA
THE MEDITERRANEAN, BETWEEN THE MYTH AND REALITY, A LIVING AREA
The landscape
The Men and Women
Living in the Mediterranean Area
THE MEDITERRANEAN AREA, OBJECT OF OUR STUDY
A HISTORICAL MOSAÏC

Chapter 2 : ARCHITECTURAL SHAPES
CONCEPTS AND CRITERIA
ONE WAY OF LIFE, MANY WAYS FOR DWELLING
Scattered houses, grouped houses, neighbours are always present
Three solutions for a style of housing: The basic house, the compact house, the multiple structure house.
THE MEDITERRANEAN HOUSE, CONSTRUCTION AND DWELLING
Patio, courtyard, garden, trellis; from domestication to an expressed household area.
Presence becomes house; nomad dwelling.
The permanent structure. House and roots. Laying the foundation of one’s place.
The light construction or reasserting one’s roots
Evolution and definition
The “in-construction”, or troglodyte constructions
THE MEDITERRANEAN HOUSE, ISSUES AND ACTIVITIES, AREAS AND CULTURES
Defensive considerations
Activities linked to production
Two cultures, two attitudes, two living areas
THE CONSTRUCTION OF TRADITIONAL MEDITERRANEAN ARCHITECTURE
A balance between capacities, resources, needs, and pleasure
SITES, A TOOL FOR THE STUDY
LIVING SPACES. SIGNS OF LIFE
Architectural implantation throughout the territory
All heights can be found
The basic house
The compact/complex house
House with a patio
House with a courtyard
House with a garden
Summer and winter houses
House and defence
The evolutionary or final house
Nomad house or troglodyte house
Chapter 3 : BUILDING ARTS, THE TECHNIQUES AND THE MEN

The techniques and the men
Two key words: local and ancestral
A language, an ambition, an abundant source of travelling techniques.

VERTICAL STRUCTURES: THE WALLS
Stone Walls
– Masonry laid in mortar
– Dry stone
– The Technique
Mud walls and terracotta brick
– Earth, plentiful and universal
– Compacted mud walls
– Adobe brick or terracotta brick
Woodframe Walls
Plant Walls
Openings and arches
– Openings
– Arches

WALL COATING: RENDERINGS AND WASHES
Renderings
Washes
Other wall coatings

HORIZONTAL CROSSING STRUCTURES
Floors
Vaults and cupolas
– Vaults
– Cupolas
Frameworks
– Stacked Systems
– Assembled Triangulated Trusses

ROOFINGS
Flat roofings
Sloped roofings
– Roof with terracotta tiles
– Stone roofings
– Plant Roofings
– Sheet roofings

THE MEN
Living skills and proficiencies
A mason for the mediterranean

Chapter 4 : TRANSFORMATION PROCESSES

A CHANGE IN SCALE. A CHANGE IN RELATIONS
The keys to a new horizon

THREE LEVELS OF TRANSFORMATION
The area/space
The spatial organisation of villages, cities and districts.
The construction, the house

TRANSFORMATION TYPES
Formal transformations
– Those that modify the volumetric profile
– Those that modify the openings
– Those that modify textures
– Other ailments
Functional transformations
- On the level of wall partitioning
- On a three-dimensional level

MATERIALS AND KNOW HOW, TWO WORLDS SHAKEN BY MODERNITY.
FIVE GREAT PRESSURING FACTORS, BUT SMALL REACTIONS
Structural factors
Administrative factors
Economic factors
Factors of comfort
Psychological factors

SITES ARE IDEAL OBSERVATORIES AND IRREPLACEABLE LABORATORIES

Chapter 5 : THE FUTURE

A CONTRASTED SITUATION
Combined assets
Fragility and doubts
A Group of initiatives
- Restoration policies
- International action
- Studies and publications
- Training

FUTURE BEARINGS
A reference frame
Three narrowly linked lines of action
- Raising awareness
- Training
- Research
The rehabilitation & revitalisation of traditional architecture

INITIATIVES IN THE MEDITERRANEAN AREA

Matmata. Local energies, enhanced efficiency
In Cairo, Bayt El Suhaymi. Rehabilitating heritage and recovering know-how
Avignon. Fine tuning of needs, an effective and original solution
Dana. Abandonment and revitalisation, a thirty year process
Fikardou. Sharing objectives and efforts, guaranteed results
Antalya, Kaleci. Protect heritage, restore quality environment
Acre. Exploring history, fulfilling the future
M’Zab. Trois décennies d’efforts soutenus, résultats importants
France. The improvement of ancient housing, an incentive for heritage enhancement
Anavatos. Preserving heritage, controversies and choices
Andalusia. Sound foundations, understanding for improved protection
Morocco. In the heart of traditional life, conservation and development
Hebron. Global approach and planning, integrating rehabilitation
International Organisations. Reflection and reference, irreplaceable milestones
KEN. The potential of traditional techniques is intact
Technical tools. Proficient documentation, vivacious pedagogy
Monomussia. Beyond the complexity of each stage, the certainty of a way
Riwaq. The dedication of a NGO at the service of heritage
Alentejo. Different routes, achieving the same goal: training